

Menu for September 2026

**Foxborough
AHERN
MIDDLE
SCHOOL**



**We're
SO GLAD
to see you!
It's going
to be a
GREAT YEAR
and we can't
wait to serve
your meals!**

Menu Subject To Change
Questions, comments or concerns,
Call Food Service Director
Janice Watt
wattj@foxborough.k12.ma.us
508-543-1656

PRICES:

All students are eligible for (1) free breakfast
& (1) lunch per day.

Extra entrée servings are 2.50 each

Milk is included with lunch & breakfast

If you child wants milk only, the cost is .50 per carton.

We are unable to give milk away for free

Nutrition info available at:
myschoolmenus.com

YOU'RE GOOD

ALL STUDENTS EAT ALL MEALS @ NO COST AGAIN THIS YEAR

**FOXBOROUGH SCHOOLS
NUTRITION SERVICES**

Tuesday, Sept 1

Entrée Choices
French Toast & Sausage
Pizza for One
Chicken Caesar Salad
Smoothie & Pretzel
Hot & Cold Sandwiches

Served with
Tater Tots
Fresh Fruit & Veggie Bar
Ice Cold Milk
Oreo Cookies

Wednesday, Sept 2

Entrée Choices
Pasta Bar
Choice of Marinara, Meat
sauce or Alfredo Sauce
Buffalo Chicken Ranch
Wrap
Chicken Caesar Salad
Smoothie & Pretzel
Hot & Cold Sandwiches

Served with
Roasted Broccoli
Texas Toast
Fresh Fruit & Veggie Bar
Ice Cold Milk

Thursday, Sept 3

Entrée Choices
Brick Oven Pizza
Chicken Tender Wrap
Chicken Caesar Salad
Smoothie & Pretzel
Hot & Cold Sandwiches

Served with
Red Pepper Strips
Fresh Fruit & Veggie Bar
Ice Cold Milk
Pretzels

Friday, Sept 4

**NO
SCHOOL**

**ENJOY
THE
LONG
WEEKEND!**

AVAILABLE DAILY

A la carte items available for purchase:

Second Entrees 2.50

Bottled Water 1.00

Switch 100% Fizzy Juice 1.00

Assorted Chips & Snacks
1.00-1.25

Orange Leaf Yogurt on Fridays 2.50

Pay with cash or on meal account.

Online payments:

www.myschoolbucks.com

Monday, Sept 9



**HAPPY
★ LABOR
DAY! ★
NO SCHOOL**

Tuesday, Sept 8

Entrée Choices
Beef Nachos
French Bread Pizza
Chicken Caesar Salad
Smoothie & Pretzel
Hot & Cold Sandwiches

Served with
Fresh Fruit & Veggie Bar
Seasoned Black Beans
Golden Corn
Ice Cold Milk

Wednesday, Sept 9

Entrée Choices
Pasta & Meatballs
Beef & Cheddar Soft Taco
Chicken Caesar Salad
Smoothie & Pretzel
Hot & Cold Sandwiches

Served with
Fresh Fruit & Veggie Bar
Breadstick
Garlic Green Beans
Ice Cold Milk

Thursday, Sept 10

Entrée Choices
Mandarin Orange Chicken
Pizza for One
Chicken Caesar Salad
Smoothie & Pretzel
Hot & Cold Sandwiches

Served with
Steamed Rice
Glazed Carrots
Fresh Fruit & Veggie Bar
Ice Cold Milk

Friday, Sept 11

Entrée Choices
Brick Oven Pizza
Chef's Choice Hot
Sandwich
Chicken Caesar Salad
Smoothie & Pretzel
Hot & Cold Sandwiches

Served with
Fresh Fruit & Veggie Bar
Sweet & Tangy Broccoli
Salad
Ice Cold Milk
Chocolate Bear Grahams

September 11, 2001



*In eternal remembrance of the victims,
in continued support of their families,
and in undying gratitude to the heroes.*

Monday, September 14

Entrée Choices
 Pizza Sticks & Sauce
 Steak & Cheese Sub
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Crunchy Carrot Sticks
 Fresh Fruit & Veggie Bar
 Ice Cold Milk
 Potato Chips

Tuesday, September 15

Entrée Choices
 Eggo Waffles & Sausage
 Chicken parm sand
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Fresh Fruit & Veggie Bar
 Potato Wedges
 Ice Cold Milk
 Fresh Baked Cookie

Wednesday, September 16

Entrée Choices
 Italian Sampler
 Stuffed shells, meatballs &
 mozzarella sticks
 Chicken Tenders
 Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Fresh Fruit & Veggie Bar
 Steamed Broccoli
 Texas Toast
 Ice Cold Milk
 Frozen Cherry Juice Cup

Thursday, September 17

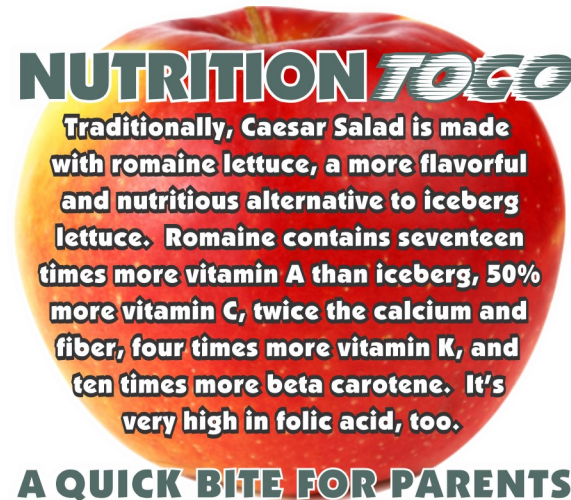
Entrée Choices
 Stuffed Crust Pizza
 Falafel Lunch
 Falafel, cukes, pita chips
 & Tzatziki dip
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Oven Fries
 Fresh Fruit & Veggie Bar
 Ice Cold Milk
 Apple Crisp

Friday, September 18

Entrée Choices
 Brick Oven Pizza
 Egg & Cheese Bagel
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Fresh Fruit & Veggie Bar
 Veggie Pasta Salad
 Marinated Chic Peas
 Ice Cold Milk
 Animal Crackers



NUTRITION 7060

Traditionally, Caesar Salad is made with romaine lettuce, a more flavorful and nutritious alternative to iceberg lettuce. Romaine contains seventeen times more vitamin A than iceberg, 50% more vitamin C, twice the calcium and fiber, four times more vitamin K, and ten times more beta carotene. It's very high in folic acid, too.

A QUICK BITE FOR PARENTS

Monday, September 21

Entrée Choices
 Chicken Tenders & Roll
 Bacon Cheeseburger
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Fresh Fruit & Veggie Bar
 Curly Fries
 Mixed Veggies
 Ice Cold Milk
 Goldfish Crackers

Tuesday, September 22

Entrée Choices
 Chicken Fajita Bowl w/
 Corn
 Wild Mikes Bites & Sauce
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Fresh Fruit & Veggie Bar
 Steamed Rice
 Black Bean & Corn Salsa
 Ice Cold Milk
 Pretzels

Wednesday, September 23

Entrée Choices
 Pasta & Meatballs
 Grilled Cheese
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Fresh Fruit & Veggie Bar
 Soft Breadstick
 Roasted Broccoli
 Ice Cold Milk

Thursday, September 24

Entrée Choices
 Mini Pancakes & Sausage
 Meatball Sub
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Fresh Fruit & Veggie Bar
 Sweet Potato Fries
 Ice Cold Milk

Friday, September 25

Entrée Choices
 Brick Oven Pizza
 Chef's Choice Hot
 Sandwich
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Fresh Fruit & Veggie Bar
 Sliced Cucumbers
 Hummus
 Ice Cold Milk
 Scooby Snacks

10 x 2.



Here's a simple way to roll a wellness "strike" twice a day, every day. Add just 10 minutes of daily exercise to whatever you're doing now. And get to bed just 10 minutes earlier than usual. Easy formula for improved wellness, right? Might even improve your bowling game!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.

WELLNESS IS A WAY OF LIFE!

Monday, September 28

Entrée Choices
 Creamy Mac & Cheese
 Pizza for One
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Steamed Broccoli
 Fresh Fruit & Veggie Bar
 Ice Cold Milk
 Oreos

Tuesday, September 29

Entrée Choices
 General's Chicken
 Chicken Caesar Salad
 Steak & Cheese Sub
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Teriyaki Noodles
 Glazed Carrots
 Fresh Fruit & Veggie Bar
 Ice Cold Milk

Wednesday, September 30

Entrée Choices
 Chicken Parm & Pasta
 Falafel Lunch
 Falafel, cukes, pita chips
 & Tzatziki dip
 Chicken Caesar Salad
 Smoothie & Pretzel
 Hot & Cold Sandwiches

Served with
 Fresh Fruit & Veggie Bar
 Garlic Green Beans
 Texas Toast
 Ice Cold Milk

WE'RE LOOKING FOR A FEW EXTRA SETS OF HANDS.



A JOB IN YOUR CHILD'S SCHOOL CAFETERIA ALLOWS YOU TO BE AT HOME WHEN YOUR FAMILY NEEDS YOU THERE. CALL TODAY FOR MORE INFORMATION!

508-543-1656



Every complete meal we serve comes with your choice of milk!