

**Foxborough
BIT
ELEMENTARY**



**We're
SO GLAD
to see you!
It's going
to be a
GREAT YEAR
and we can't
wait to serve
your meals!**

Nutrition info available at:
myschoolmenus.com

**ALL STUDENTS EAT
ALL MEALS @ NO COST
AGAIN THIS YEAR**

**FOXBOROUGH SCHOOLS
NUTRITION SERVICES**

No cost to all students! Please pre-order:
family.onlineordering.linq.com

ENJOY
THE
LONG
WEEKEND!

Soft Pretzel & Yogurt
Served with
Fresh Fruit & Veggie Bar
Carrot Sticks
Oven Fries
Ice Cold Milk

Served with
Fresh Fruit & Veggie Bar
Sweet Spinach Salad
Ice Cold Milk
Fresh Baked Cookie

Served with
Fresh Fruit & Veggie Bar
Marinated Chic Peas
Ice Cold Milk
Frozen Juice Cup

A wicker picnic basket with a red and white checkered cloth draped over the top, tied with a white ribbon.

**HAPPY
★ LABOR ★
DAY!**

NO SCHOOL

Served with
Fresh Fruit & Veggie Bar
Steamed Broccoli
Ice Cold Milk
Mini Rice Krispy Treat

Served with
Fresh Fruit & Veggie Bar
Garlic Green Beans
Texas Toast
Ice Cold Milk

Served with
Fresh Fruit & Veggie Bar
Tater Tots
Ice Cold Milk

Served with
Fresh Fruit & Veggie Bar
Red Pepper Strips
Ice Cold Milk
Roasted Chic Peas
Goldfish Crackers

September 11, 2001



***In eternal remembrance of the victims,
in continued support of their families,
and in undying gratitude to the heroes.***

Monday, September 14 Breakfast Zee Zee Bar Entrée Choices Popcorn Chicken & Roll Vegan Nuggets & Roll Grilled Cheese Sandwich Sunbutter & Jelly Sandwich w/ string cheese Served with Veggie Sticks & Dip Fresh Fruit & Veggie Bar Ice Cold Milk Fritos Corn Chips	Tuesday, September 15 Breakfast Cinnamon Roll Entrée Choices Mandarin Orange Chicken Falafel & Pita Chips Pizza for One Ham & Cheese Croissant Served with Teriyaki Noodles Glazed Carrots Fresh Fruit & Veggie Bar Ice Cold Milk	Wednesday, September 16 Breakfast Oatmeal Chip Benefit Bar Entrée Choices Cheese Lasagna Hot Dog Bagel Lunch Bagel, cream cheese & D'animal Yogurt Served with Fresh Fruit & Veggie Bar Caesar Side Salad Baked Beans Ice Cold Milk	Thursday, September 17 Breakfast Apple Frudel Entrée Choices Eggo Waffles & Sausage Breaded Chicken Drumstick Pizza Power Pack Flatbreads, sauce, cheese, pepperoni, fruit Served with Fresh Fruit & Veggie Bar Potato Wedges Ice Cold Milk	Friday, September 18 Breakfast Cinnamon Crumb Cake Entrée Choices School Baked Pizza Cereal Fun Lunch Cereal, yogurt, string cheese Wheat Cracker Lunch Wheat crackers, cheese stick, yogurt, & baby carrots Served with Fresh Fruit & Veggie Bar Veggie Pasta Salad Ice Cold Milk Scooby Doo Grahams
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Every complete meal
we serve comes with
your choice of milk!

Monday, September 21 Breakfast Golden Grahams Bar Entrée Choices Chicken Patty Sandwich Vegan Patty Sandwich Strawberry Smoothie & Cereal Bar Taco Max Snacks (Quesadilla dough filled with taco beef & cheese) Served with Fresh Fruit & Veggie Bar Oven Fries Ice Cold Milk Pretzels	Tuesday, September 22 Breakfast Cinnamon Roll Entrée Choices Pizza Sticks & Sauce Turkey & Cheese Rollup Chicken Caesar Salad Served with Fresh Fruit & Veggie Bar Crunchy Baby Carrots Ice Cold Milk Potato Chips	Wednesday, September 23 Breakfast Cocoa Chip Benefit Bar Entrée Choices Pasta & Meatballs Pasta & Marinara w/ String Cheese Mini Chicken Corn Dogs Yogurt Berry Parfait Served with Fresh Fruit & Veggie Bar Soft Breadstick Roasted Broccoli Ice Cold Milk	Thursday, September 24 Breakfast Nutrigrain Bar Entrée Choices French Toast & Sausage Popcorn Chicken & Roll Vegan Nuggets Wheat Cracker Power Pack Wheat crackers, cheese stick, yogurt, & baby carrots Served with Fresh Fruit & Veggie Bar Sweet Potato Fries Sliced Cucumbers Ice Cold Milk	Friday, September 25 Breakfast Snack'N Waffle Entrée Choices School Baked Pizza Hummus Fun Lunch hummus, crackers, cheese stick & carrots Sunbutter & Jelly w/ String Cheese Served with Fresh Fruit & Veggie Bar Marinated Chic Peas Ice Cold Milk Giant Goldfish Graham
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10 x 2.

Here's a simple way to roll a wellness "strike" twice a day, every day. Add just 10 minutes of daily exercise to whatever you're doing now. And get to bed just 10 minutes earlier than usual. Easy formula for improved wellness, right? Might even improve your bowling game!



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, September 28 Breakfast Zee Zee Oat Bar Entrée Choices Chicken Tenders Vegan Nuggets Beef Soft Taco Tasty taco meat & cheese, wrapped in flour tortilla Soft Pretzel & Yogurt Served with Steamy Rice Corn Salsa Fresh Fruit & Veggie Bar Ice Cold Milk	Tuesday, September 29 Breakfast Cinnamon Toast Crunch Bar Entrée Choices Pizza Crunchers Hamburger, Cheeseburger or Vegan Patty Bagel Lunch Bagel, cream cheese & D'animal Yogurt Served with Broccoli & Dip Fresh Fruit & Veggie Bar Ice Cold Milk Potato Chips	Wednesday, September 30 Breakfast Benefit Bar Entrée Choices Pasta & Meat Sauce Or Pasta w/ Marinara Sc Chicken Caesar Salad Yogurt Berry Parfait Served with Fresh Fruit & Veggie Bar Steamed Carrots Texas Toast Ice Cold Milk
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A JOB IN YOUR CHILD'S SCHOOL CAFETERIA ALLOWS YOU TO BE AT HOME WHEN YOUR FAMILY NEEDS YOU THERE. CALL TODAY FOR MORE INFORMATION!

508-543-1656

NUTRITION TO GO

People seem to either love broccoli or hate it – and the haters aren't all six year olds! Scientists say that some people are highly sensitive to a bitter tasting compound in broccoli and other vegetables that most folks don't taste at all. People with the "bitterness" gene could eat as many as 200 fewer servings of veggies a year!

A QUICK BITE FOR PARENTS